

***Count Us In*** *was developed by the City of Newcastle in consultation with our Access and Inclusion Advisory Committee.*

*The program aims to increase disability inclusion across our community.*

*This Program Guide includes a description of the wide range of events and activities and a program calendar with booking information. Enjoy!*

**Program Guide**

**March 2021**

**Adaptive Sports 4 All ‘Count Us In’ sponsored event**

A one-day sports festival where all members of the community can engage in adaptive sports modified specifically for people with blindness or low vision. Sports include Goalball, Tennis, Cricket, Futsal, AFL, Rugby, and Golf. Workshop presentations on inclusive sports coaching will be held multiple times during the day, providing opportunities for individuals to learn about general disability (more focus on blindness and low vision), how to be inclusive on and off the sporting field, adaptive equipment that has made the sport more accessible and opportunities available in sport and active recreation for participants, athletes, coaches, parents/carers or officials.

**Advisory Committee Coffee and Chat**

The Disability Inclusion Advisory Committee provides advice and support to assist the implementation City of Newcastle’s Disability Inclusion Action Plan. Come and meet the current committee and have your say in creating a more inclusive Newcastle.

**Kids and Parents Aikido Workshop ‘Count Us In’ sponsored event**

Learn the skills of taking on and overcoming challenges through the Japanese Martial Art of Aikido, for Kids with Disability. Facilitated by Sensei Darius Wingate-Pearse, a 5th Dan Black Belt and internationally recognised Aikido teacher, this one-hour workshop is an interactive, fun, and safe way for children with a disability, their parents, and carers to learn how to redirect their energy towards taking on new challenges and how to balance their own and parents needs in a safe environment.

**Art Mania Studio Immerse Yourself Information Session**

Art Mania Studios are providing two sessions to assist you discover your creative self. All people can enjoy arts and our aim is to create a safe and inclusive environment where new skills and friendships can be formed.

An information/drop-in to the studio session will be held on the 17th March from 10am but the main activity is the come and experience creative arts evening session to be held on the 26th March 6pm-8:30pm.

**Awabakal Arts at the VIC**

Experience the new Visitor Information Centre at the former Civic Railway Station. Immerse yourself in the rail heritage and character of the site, reimagined with a focus on customer experience and smart technologies, complementing the old with the new to reflect a contemporary Newcastle. Throughout March, people of all-abilities are encouraged to come and explore the center, and on the 9th March Indigenous Artists from Awabakal Disability services will be displaying their recent works.

**Busy Beans Pop -Up Café ‘Count Us In’ sponsored event**

[**BusyBeans**](https://www.aimbigemployment.com.au/busybeans/) is a quality barista service giving people with disability the opportunity to learn new skills, build confidence and find meaningful employment as baristas. Grab a Free Coffee or Tea from the trainee Baristas at various ‘Count Us In’ Events.

**Come and Try Goal Ball – A Team Sport for All ‘Count Us In’ sponsored event**

Delivered by Australian Paralympic and State representatives at City Hall, this introductory session to Goalball (often referred to as the toughest sport you've never heard of), provides education of low vision and blindness through simulated, everyday functional activities, team-building exercises, and games. It can be played by anyone- regardless of whether they are sighted or vision impaired, with ALL players COMPLETELY blindfolded when playing!

**Count Us In Fiesta ‘Count Us In’ sponsored event**

Latino sounds such as Reggaeton and Salsa have taken the world and Australia by storm. Dance-On Newy will provide high-energy dance instructors from Latin America to deliver an inclusive dance workshop fiesta catering to all abilities. This series of Latin workshops are for 18 years and over. We will deliver partner-based, group, or individual instruction based upon individual needs, whilst following Covid- requirements.

**Family Fun Day ‘Count Us In’ sponsored event**

Pack a picnic lunch and join us for this fun family day out for people with disabilities, their extended family, and friends. With games suitable for all ages and abilities, enjoy Giant “Jenga”, “Connect Four”, “Guess Who” and a special up-close and personal encounter with two friendly Llama’s.

**Hungry For More ‘Count Us In’ sponsored event**

Nutrition and cooking education like you have never seen before. Join NovaCare and The Wholesome Collective for a laugh, conversation and good food, with a side of nutrition and cooking education to improve your health and wellbeing. We will show you how to prepare nutritious meals with pantry staples and seasonal produce (without skimping on FLAVOUR). You will learn how to make delicious and nutritionally balanced meals to optimise your health and leave feeling more confident.

**Immerse Yourself ‘Count Us In’ sponsored event**

Immerse Yourself in a creative experience showcasing wellness alternatives for our community. Hands-on demonstrations for people of all abilities including pyrography (wood burning), glass fusing, alcohol inks, Hebel carving, pottery wheel, drawing and watercolours. Meet our teachers, students, and support workers enjoying displays of their creative journey pieces all the while enjoying our sumptuous catering and talented soloist. We believe life is too short to neglect your creativity!

**Karaoke Catch Up Crew**

Every month Community Disability Alliance Hunter hosts a social night where people with disabilities can let their hair down and have some fun! This month, City of Newcastle is hosting Karaoke at Civic Bar. Come along, socialise and sing the night away.

**Knowledge is Power: Discrimination in the Workplace** **‘Count Us In’ sponsored event**

Feel empowered and understand your rights as an employee against any form of discrimination. At this two-part legal education and empowerment workshop, you will learn to identify signs of discrimination in a workplace and how to take early and appropriate action. You will be able to understand the process of obtaining assistance from the Hunter Community Legal Centre and other key services including, the legal procedure for addressing your issues. Speak one on one with our intake officer and get a better understanding of how to address your particular needs and concerns. Attend one session or both.

**Knowledge is Power: Your Tenancy Rights ‘Count Us In’ sponsored event**

Are you a person with disability living in a rental property? This legal education workshop will focus on education of the laws governing renting and rental disputes faced by people with disability in both social and private housing. You will learn about your rights as a tenant against neighbours and your landlord and identify signs of disputes and take early and appropriate action. You will be able to understand the process of obtaining assistance from the Hunter Community Legal Centre and other key services including, the legal procedure for addressing your issues. Speak one on one with our intake officer and get a better understanding of how to address your particular needs and concerns. Attend one session or both.

**Multicultural Pop-Up Library Launch ‘Count Us In’ sponsored event**

Join us for the launch of our new monthly multicultural pop-up library service. Enjoy this showcase of diverse culture in and around Newcastle featuring, multicultural group exhibitions, musicians, and food vendors demonstrating diversity and inclusion within our community. We want all people to explore this new initiative.

**Newcastle Netball Come and Try Day**

Want to get involved in a social sport, learn new skills and meet some new people? Come and Try netball is open to people with disability, males and females. From young teenagers to seniors bring a friend and have some fun!

**Newcastle Transport Travel Experience Day**

Designed to help customers become more familiar with public transport. You can practice getting on and off an accessible tram, bus and ferry in a static situation, and have a chat to our customer service officers who will be there to assist you.

The event helps people of all abilities feel more confident when using the public transport system. This includes people with a disability, parents with children and seniors.

Book in, come along and experience the light rail, bus and ferry network with our friendly Customer Service team.

**Stand Up, Speak Up Hunter! Community Mural ‘Count Us In’ sponsored event**

This is an invitation to participate in the installation of a Mural to represent the experience of people with disability in the Newcastle community and to promote inclusion. We would like community members with disability to have a go at spray painting this amazing work of art on Saturday 13th March or join us for the launch at 1 pm Sunday 14th March.

**Start-Up, Get Active ‘Count Us In’ sponsored event**

Join Sarah, Fitzy, and Jonathan as they guide community members of all-abilities in some action-packed activities across Newcastle. Pop on your aerobics gear as Sarah leads you in high-energy Zumba sessions, drum up some competition with your friends and family in Fitzy’s action-packed sports sessions and for those who prefer more passive pursuits of the mind, Jonathan will be directing several table-top gaming sessions, called Divergent Games. Sarah, Fitzy, and Jonathan create a physically and socially safe space for people to get more active, engage with others and build friendships.

**The History of Disability Rights and Inclusion in Newcastle and The Hunter ‘Count Us In’ sponsored event**

Are you interested in helping recognise and celebrate the disability rights and inclusion movement in Newcastle? We want to hear your story! Join us for a gathering of people with disability in this 2 - 3 hour workshop to 'brainstorm' and discover what are the local significant moments of the disability rights movement, who are the local 'champions', and what are the next steps in this project.

**Variety Activate Inclusion Sports Day**

Variety Activate Inclusion Sports Days (AISD) give kids the opportunity to try sports they might otherwise miss out on. Aimed at kids aged 5-18 with learning difficulties, intellectual, sensory and physical disabilities, the days are an opportunity to have a go in a fun and inclusive environment. Each day involves: a range of sports to try; specialised coaching; adaptive equipment; show bags; water and fruit; local sporting club exhibitors; access to community services; opportunities to network with other families.

**Vision Assist - Empowering Newcastle to be inclusive of people with low vision and blindness ‘Count Us In’ sponsored event**

During the festival, City of Newcastle staff and businesses are invited to upskill in effective communication with people who have low vision or are blind. Designed and delivered by people in Newcastle with low vision or blindness, Vision Assist will include interactive workshops and scenario-based demonstrations, covering everything from Guide Dog etiquette to assisting a person to access a COVID-safe QR check-in. To learn more about Guide Dogs go to nsw.guidedogs.com.au.

**Wetlands Count Us In All Inclusion Day ‘Count Us In’ sponsored event**

Hunter Wetlands has a new, accessible fishing platform. On this 6m x 6m all-abilities fishing platform you can catch Yellow Fin Bream, Eels, Mullet and Dusky Flathead. All-Ability fishing rods and reels can be supplied, along with assistance to bait hooks, cast rods and reeling in fish from our experienced fishing volunteers. Contact the Centre to find out more.

Rides and tours of the wetlands are available in our purpose-built buggies.

**Inclusion is Everyone’s Business**

Big Business, Small Business, Arts organisation, Community Group or Voluntary Organisation, there is something for everyone this Count Us In Festival.

Inclusion is everyone’s business, so why not take this opportunity to upskill and make your business or organisation more inclusive for all people. In 2021, we focus on disability confidence and digital engagement as a way of becoming more inclusive so managers, employees, board members and volunteers, register today for this free training sponsored by the City of Newcastle as part of Count Us In.

**Centre for Inclusive Design: Design Workshop**

Two-hour workshop on Inclusive Design covering:

* Introduction to Inclusive Design
* Three Principles of inclusive design
* Real-life examples of inclusive design from different mediums. Examples will be tailored to the audience.
* Preview of inclusive design mapping tool and inclusive persona tools
* Opportunity to ask our consultant questions

**Centre for Inclusive Design: Digital Accessibility Workshop**

A Three-hour workshop on Digital Accessibility:

* Introduction to Digital Accessibility
* Implication of inaccessible digital experiences. Real-life business examples to come from the Click-away pound report.
* Assistive technologies – how users navigate and read a document
* Why digital accessibility
* What is WCAG 2.1
* Good and bad examples of accessibility including print
* Types of disability

**Disability Confident Workforces – 1 hour ‘Lunch & Learn’ session**

Brought to you by the Australian Network on Disability and City of Newcastle

AND’s vision is to create a disability confident Australia, and our training programs have been designed to achieve just this.

We have seen that by having the right behaviours, attitudes, systems and knowledge, an organisation can create an inclusive environment that successfully includes people with disability, as employees, customers and stakeholders.

Our training equips participants with an understanding of accessibility and inclusion in the workplace. The interactive delivery style provides skills and knowledge to confidently welcome and work alongside people with disability.

## Session objectives

Building capacity to support and promote the inclusion of people with disability within your workforce will ensure that you can attract and retain from the entire talent pool and build a workforce that is representative of the broader community.

This training assists participants to identify ways to develop an inclusive and accessible environment for employees, customers and stakeholders.

By the completion of the session, participants will:

* Understand the importance of disability confidence for individuals and the whole organization
* Have greater awareness of what disability is in the Australian society
* Be confident in using the right language and doing the right things
* Awareness of workplace adjustments and sharing disability information
* Understand the value of inclusive behaviours and etiquette, for example interacting with assistance animals, workplace adjustment examples.

9th March 10-11am

16th March 10-11am

17th March 12-1pm

19th March 12.30-1.30pm

Location: Zoom Digital Workshop

Bookings/Enquiries/Registration: See Program

**Accessible Arts presents Disability Confidence Training Workshop for arts, community and voluntary organisations**

Designed for arts, culture and events workers, this introductory workshop is all about helping you and your team improve how you connect with and support people with disability or who are d/Deaf.

1 in 5 Australians live with disability, making them a significant market segment for providers of arts and culture. In this workshop you’ll:

* Discover practical solutions for making your organisation disability confident
* Receive useful resources
* Learn from trainers with disability who are arts experts
* Enjoy the increased accessibility and convenience of online training
* Be able to interact with our trainers as well as other participants, so you can ask questions and share knowledge
* Come to our public workshop or book a private in-house session

**Learn about:**

* Key disability legislation and government bodies, including the Disability Discrimination Act and the Disability Inclusion Act
* Creative solutions to delivering inclusive and accessible arts and culture programs
* Identifying and mitigating access barriers
* Best practice for customer service, language and etiquette
* Inclusive communication skills and policies

16 March

Time 10am-12pm

Location Zoom Digital Workshop

Bookings/Enquiries/Registration See Program

**Accessible Arts presents Delivering Accessible Online Events Workshop**

With so much of our lives having moved online, arts companies, cultural venues, event producers and other creative industry organisations are now delivering much more of their activities using online and digital channels. It’s a huge shift and we all need to upskill so online content and services can be accessed and enjoyed by the 1 in 5 Australians who live with disability of who are d/Deaf, a significant market segment for providers of arts, culture and events.

With the support of the Australia Council For The Arts, this new online workshophas been developed to specially address the needs of arts and cultural organisations so they can improve the accessibility and inclusiveness of their relevant online activities.

Discover practical solutions and ‘easy wins’ for delivering accessible:

* Online performances
* Online exhibitions
* Online rehearsals and creative developments
* Webinars
* Panel discussions
* Online meetings
* Social media
* Receive useful resources
* Learn from trainers with disability who are arts and culture experts
* Attend our standard workshop or book a bespoke private session

**Learn about:**

* Opportunity to ask our consultant questions
* How to create an inclusive online space using various platforms
* What to do before, during and after an online event to maximise accessibility
* Online etiquette for accessible sound and visual content
* Best tech solutions and ‘quick fixes’ for captioning, Auslan interpretation and audio description
* Informative case studies from artists and arts organisations across a range of art forms

17 March

Time 2pm-4pm

Location Zoom Digital Workshop

Bookings/Enquiries/Registration See Program

Note: This guide provides an overview of the various events happening within the Count Us In Program. Some events are repeated throughout the month, please check the Program Calendar for event details such as date, venue and booking requirements

**Have you heard about**

**City of Newcastle Home Library Service?**

Can’t make it to the library? The library can come to you! The Home Library Service (HLS) is for anyone who isn’t physically able to make it to a branch because of a disability, illness or limited mobility.  Newcastle libraries can provide a range of items including books in ordinary or large print, audiobooks, music CDs and DVDs and materials in languages other than English.  For more information, contact the Home Library Services team on  [02 4974 5348](mailto:02%204974%205348) or email us at [homelibraryservice@ncc.nsw.gov.au](mailto:homelibraryservice@ncc.nsw.gov.au)

**2021 Count Us In Festival**

**Event Calendar 4–  31 March, 2021**

**4 March**

Event Women First Group

Description A peer led group for women with lived experience of disability.

Time 10am - 11.30am

Location Various

Bookings/Enquiries Brought to you by Community Disability Alliance. Bookings Required: [suzy@cdah.org.au](mailto:suzy@cdah.org.au) or ph. 0490 053 454

**5 March**

Event Hunter Deaf Blind Group-Social group

Time Various. On either a Friday or a Saturday. Once per month.

Location Various

Bookings/Enquiries Brought to you by Community Disability Alliance Hunter. Enquiries [justine@cdah.org.au](mailto:justine@cdah.org.au) or ph. 0421 850 886

**8 March**

Event Knowledge is Power: Discrimination at the Workplace

Description Know rights and get advice from legal professionals

Time 11am – 12pm

Location Digital Library – 12 Stewart Ave, Newcastle

Bookings/Enquiries Bookings Essential. Phone Hunter Community Legal Centre p 02 40409121.

**9 March**

Event Awabakal Arts at The VIC

Description Visit our Information Centre and experience artwork by Indigenous artists

Time 930 am – 12 noon

Location Visitor Information Centre - Newcastle/Museum Park

Bookings/Enquiries For enquiries: Steve Warham, City of Newcastle ph. 0419616818

Event Busy Beans Pop-Up Café

Description Grab a free coffee made by trainee Baristas in this disability employment program

Time 930 am – 12 noon

Location Visitor Information Centre - Newcastle

Bookings/Enquiries For enquiries: Steve Warham, City of Newcastle ph. 0419616818

Event Start Up Get Active: Groovin with Sarah (Free Zumba)

Description Join us for Sarah’s high energy Zumba sessions for all-abilities

Time 10am

Location Visitor Information Centre - Newcastle

Bookings/Enquiries For enquiries: Steve Warham, City of Newcastle ph. 0419616818

Event Start Up Get Active: Fitzy’s Sports

Description Join Fitzy for a sport session in the park

Time 10am

Location Museum Park - Newcastle

Bookings/Enquiries For enquiries: Steve Warham, City of Newcastle ph. 0419616818

Event Disability Confident Workforces

Time 10 am - 11 am

Description Learn how to make your workplace more inclusive and your staff disability confident

Location Zoom Digital Workshop

Bookings/Enquiries Brought to you by Australian Disability Network and City of Newcastle. Register: https://www.eventbrite.com.au/e/disability-confident-workforces-1-hour-lunch-and-learn-tickets-143538889683

Event Member’s Action Group

Time 10 am – 12 pm

Description Build a stronger peer movement and a more inclusive Hunter Community

Location Zoom Meet Up Here: https://us02web.zoom.us/j/82966334344#success

Bookings/Enquiries Brought to you by Community Disability Alliance. Contact [douglas@cdah.org.au](mailto:justine@cdah.org.au) or ph. 0490 053 454

**11 March**

Event Count Us in Fiesta @ City Hall

Description Learn Latin dance for all-abilities. Beginner's welcome.

Time 6 pm – 8 pm

Location City Hall King Street Banquet Room, Newcastle

Bookings/Enquiries Bookings Required. Phone: 0425 715 008 or Email: info@danceonnewy.com

**12 March**

Event Start Up Get Active: Divergent Play

Description Jonathan will guide you to join in on table-top board games

Time 11 am - 1pm

Location Wallsend Library. 30 Bunn Street, Wallsend

Bookings/Enquiries Bookings Required. Contact Beth, Challenge Community Services ph. 0421 664159

**13 March**

Event Speak Up, Stand Up Hunter! : Wall Mural Painting Day

Description Participate in the spray painting of a Mural, to represent people with disabilities in Newcastle

Time 10 am – 11 am, 12 pm – 1 pm, 1.30 pm – 2.30 pm

Location Cnr 194 Maitland Road and Coal St, Islington

Bookings/Enquiries Session Bookings Required. Limited Spaces. To book or for more information email: [erin@cdah.org.au](mailto:erin@cdah.org.au) or

call: 0490 053 454.

**15 March**

Event Discrimination in the Workplace: How can we help? (Drop in)

Description Know rights and get advice from legal professionals

Time 11 am – 12 noon

Location Digital Library

Bookings/Enquiries No Booking Required. For enquiries contact Hunter Community Legal Centre p 02 40409121

**16 March**

Event Disability Confident Workforces

Description Learn how to make your workplace more inclusive and your staff disability confident

Time 10 am - 11 am

Location Zoom Digital Workshop

Bookings/Enquiries Brought to you by Australian Disability Network and City of Newcastle. Register: https://www.eventbrite.com.au/e/disability-confident-workforces-1-hour-lunch-and-learn-tickets-143538889683

Event Disability Confidence Training Workshops for Arts, Community & Voluntary Organisations

Description Learn how to make your workplace/community space more inclusive and disability confident

Time 10 am – 12 noon

Location Zoom Digital Workshop

Bookings/Enquiries Brought to you by Accessible Arts. Register: https://www.eventbrite.com.au/e/disability-confidence-training-for-arts-community-voluntary-orgs-tickets-143540937809

**17 March**

Event Hungry for More – Interactive Practical Cooking Experience

Description Learn how to make delicious and nutritionally balanced meals

Time 10.30 am – 1 pm

Location NovaCare – 51 Robertson St Carrington

Bookings/Enquiries Bookings Essential. Contact Erin on email: [support@novacare.org.au](mailto:support@novacare.org.au)

Event Immerse yourself

Description Find out about inclusive arts and how to get involved (Free)

Time 10am – 11.30am

Location Art Mania Studios - 12 Council St, Wallsend

Bookings/Enquiries For enquiries contact Art Mania Studios 02 4955 0509

**17 March**

Event Advisory Committee Coffee and Chat

Description Find out about City of Newcastle Disability Inclusion Advisory Committee

Time 4pm – 5pm

Location Newcastle Room, City Hall

Bookings/Enquiries Bookings Essential: Steve Warham, City of Newcastle ph. 0419616818

Event Delivering Accessible Events Online

Description Learn how to deliver accessible events online

Time 10 am – 12 noon

Location Zoom Digital Workshop

Bookings/Enquiries Brought to you by Accessible Arts. Registration: https://www.eventbrite.com.au/e/accessible-arts-presents-delivering-accessible-online-events-workshop-tickets-143539591783

Event Disability Confident Workforces

Description Learn how to make your workplace more inclusive and your staff disability confident

Time 12 pm - 1 pm

Location Zoom Digital Workshop

Bookings/Enquiries Brought to you by Australian Disability Network and City of Newcastle. <https://www.eventbrite.com.au/e/disability-confident-workforces-1-hour-lunch-and-learn-tickets-143538889683>

Event Accelerate Ensemble – Information Session

Description Tantrum Youth Arts and Civic Theatre are establishing a new performance group. Join the information session (optional) to find out more on how you can get involved!

Time 5 pm – 6pm

Location Civic Theatre Bar

Bookings/Enquiries For more information [www.tantrum.org.au](http://www.tantrum.org.au/)

**18 March**

Event Hungry for More – Food Safety Workshop (Session 1)

Description Participate in a hands-on safe food handling or meal planning session

Time 10 am – 12 noon

Location Milpara Social Centre – 26/30 Caldwell Street, Merewether

Bookings/Enquiries Bookings Essential. Contact Erin on email: [support@novacare.org.au](mailto:support@novacare.org.au)

Event Hungry for More – Food Safety Workshop (Session 2)

Description Participate in a hands-on safe food handling or meal planning session

Time 1 pm – 3 pm

Location Milpara Social Centre – 26/30 Caldwell Street, Merewether

Bookings/Enquiries Bookings Essential. Contact Erin on email: [support@novacare.org.au](mailto:support@novacare.org.au)

Event Count Us in Fiesta @ City Hall

Description Learn Latin dance for all-abilities. Beginner's welcome

Time 6pm – 8pm

Location City Hall King Street Banquet Room, Newcastle

Bookings/Enquiries Bookings Essential. Phone: 0425 715 008 or Email: info@danceonnewy.com

Event Assistive Technology

Description Talk about technology and online gaming

Time 3.00 pm - 4.00 pm

Location Various

Bookings/Enquiries Brought to you by Community Disability Alliance. Contact info[@cdah.org.au](mailto:justine@cdah.org.au) or ph. 0490 053 454

Event The Hive – Mental Health Support and Advocacy Group

Description Open to anyone who identifies as having a mental health issue

Time 5.30pm - 7.30pm

Location 406-408 King Street, Newcastle

Bookings/Enquiries Brought to you by Community Disability Alliance. Contact deb[@cdah.org.au](mailto:justine@cdah.org.au) or ph. 0431 068 426

**19 March**

Event Hungry for More – Interactive Practical Cooking Experience

Description Learn how to make delicious and nutritionally balanced meals

Time 10.30 am – 1 pm

Location Milpara Social Centre – 26/30 Caldwell Street, Merewether

Bookings/Enquiries Bookings Essential. Contact Erin on email: [support@novacare.org.au](mailto:support@novacare.org.au)

Event Start Up Get Active: Divergent Play

Description Jonathan will guide you to join in on table-top board games

Time 11 am- 1 pm

Location Wallsend Library. 30 Bunn Street, Wallsend

Bookings/Enquiries Bookings Essential. Contact Beth, Challenge Community Services ph. 0421 664159

Event Disability Confident Workforces

Description Learn how to make your workplace more inclusive and your staff disability confident

Time 12.30 pm – 1.30 pm

Location Zoom Digital Workshop

Bookings/Enquiries Brought to you by Australian Disability Network and City of Newcastle. <https://www.eventbrite.com.au/e/disability-confident-workforces-1-hour-lunch-and-learn-tickets-143538889683>

**20 March**

Event Come and Try Goalball – A Team Sport for All

Description Join Australian Paralympic representatives and play Goal Ball at City Hall

Time 9.30am – 1.30pm

Location Banquet Room City Hall

Bookings/Enquiries Bookings essential: [www.goalball.com.au/events/92665](https://www.goalball.com.au/events/92665). For enquiries contact Isabelle ph. 0437 165 005

**21 March**

Event Adaptive Sports 4 All

Description Come to this 1-day adaptive sports festival for people with blindness or low vision

Time 10am – 3pm

Location The Parc Indoor Sports @ Howzat, Brooks & Took Streets, Cooks Hill

Bookings/Enquiries Registrations required. Register Online at Blind Sports NSW - <https://www.blindsportsnsw.com.au/events/92684/>

**22 March**

Event Knowledge is Power: Your Tenancy Rights

Description Know rights and get advice from legal professionals

Time 11 am – 12.30 pm

Location Newcastle Regional Library – Level 1 Meeting Room

Bookings/Enquiries No Booking Required. Phone Hunter Community Legal Centre p 02 40409121.

Event Busy Beans Pop-Up Café

Description Grab a free coffee made by trainee Baristas in this disability employment program

Time 1000 am – 12.30pm

Location Newcastle Regional Library Forecourt

Bookings/Enquiries For enquiries: Steve Warham, City of Newcastle ph. 0419616818

**23 March**

Event Newcastle Transport Travel Experience Day

Description Learn about accessible tram, bus and ferry services in Newcastle

Time 10am

Location Newcastle Interchange (Stewart Ave, Wickham)

Bookings/Enquiries Bookings Essential. Register via ww.newcastletransport.info or www.facebook.com/NewcastleTransport.info

**23 March**

Event Inclusive Design Workshop

Description What is inclusive design and how does it relate to ensuring access for all our community

Time 10 am – 12 noon

Location Zoom Digital Workshop

Bookings/Enquiries Brought to you by The Centre for Inclusive Design. Register: https://www.eventbrite.com.au/e/centre-for-inclusive-design-inclusive-design-workshop-tickets-143538592795

Event Digital Accessibility Workshop

Description Learn how to improve accessibility on websites and mobile devices

Time 1 pm – 4 pm

Location Zoom Digital Workshop

Bookings/Enquiries Brought to you by The Centre for Inclusive Design. Register: https://www.eventbrite.com.au/e/centre-for-inclusive-design-digital-accessibility-workshop-tickets-143538761299

**25 March**

Event The History of Disability Rights and Inclusion in Newcastle and The Hunter: Project Planning Workshop

Description An exciting new project aimed at recording disability advocacy in Newcastle

Time 1pm – 3.30pm (12.30 check-in)

Location CDAH Office. L3, 406-408 King Street, Newcastle West

Bookings/Enquiries Bookings required. Book here: <https://www.eventbrite.com.au/e/143029086849>

Event Karaoke Catch Up Crew with CDAH

Description Enjoy a fun session of Karaoke. Everyone welcome.

Time 5.30pm - 7.30pm

Location Civic Bar, Newcastle

Bookings/Enquiries Bookings Essential: Steve Warham, City of Newcastle ph. 0419616818

Event Vision Assist Workshop - Empowering Newcastle to be inclusive of people with low vision and blindness

Description Upskill your business in effective communication with people who have low vision or are blind

Time 10am – 12pm

Location Digital Library, Newcastle

Bookings/Enquiries For more information contact Katie Butler on 0407 176 801. Bookings email: [kbutler@guidedogs.com.au](mailto:kbutler@guidedogs.com.au)

**26 March**

Event Immerse Yourself – Come and try art, experience music and be social (Free)

Description Art Mania Studios include you in a creative experience

Time 6 pm – 8.30 pm

Location Art Mania Studios - 12 Council St, Wallsend

Bookings/Enquiries Bookings Essential. Contact Art Mania Studios ph. 02 49550509

Event Start Up Get Active: Divergent Play

Description Jonathan will guide you to join in on table-top board games

Time 11 am - 1pm

Location Wallsend Library. 30 Bunn Street, Wallsend

Bookings/Enquiries Bookings Essential. Contact Beth, Challenge Community Services ph. 0421 664159

**27 March**

Event Newcastle Netball - Come and Try Day

Description Sport is for everyone – come and try netball in a supportive environment

Time 12 noon

Location National Park Netball Courts. 109 Union Street, Newcastle

Bookings/Enquiries Bookings Essential. Contact Ellen Monaghan ph: 0407 431 485

**28 March**

Event Aikido Workshop for kids and parents/carers with ASD Experience

Description Learn the skills of the Japanese Martial Art of Aikido for kids on the Autism spectrum.

Time 2pm

Location Newcastle Aikido Dojo. 7 Bennett St, Hamilton

Bookings/Enquiries Bookings Essential. Contact Darius Wingate-Pearse ph: 0402736747 or email: [info@newcastleaikido.com](mailto:info@newcastleaikido.com)

Event Family Fun Day

Description Join families supporting families at their fun family day

Time 2pm

Location Foreshore Park, Newcastle

Bookings/Enquiries For more information email: [info@familiessupportingfamilies.com](mailto:info@familiessupportingfamilies.com)

**29 March**

Event Multicultural Pop-Up Library Launch

Description Celebrate the launch of the pop-up library and enjoy this showcase of cultural diversity in Newcastle

Time 11am

Location Hunter Multicultural Communities, The John Gebhardt Centre – 2A Platt St, Waratah

Bookings/Enquiries For enquiries ph. 4960 8248 or email office@huntermulticultural.org.au

Event Knowledge is Power: Your Tenancy Rights. Can we help? (Drop in event)

Description Know rights and get advice from legal professionals

Time 11 am – 12.30 pm

Location Newcastle Regional Library – Level 1 Meeting Room

Bookings/Enquiries No Booking Required. For enquiries contact Hunter Community Legal Centre p 02 40409121

**29 March**

Event Accelerate Ensemble - Taster Workshops

Description Tantrum Youth Arts and Civic Theatre are establishing a new performance group. Register for one of the 'taster' workshops to get a hands-on introduction to what the program will be like, including theatre activities and training

Time 10 am – 12.00 pm and 1 pm – 3.00 pm

Location Civic Theatre Playhouse, Newcastle

Bookings/Enquiries For more information go to www.tantrum.org.au

Event Busy Beans Pop-Up Café

Description Grab a free coffee made by trainee Baristas in this disability employment program

Time 1000 am – 12.30pm

Location Newcastle Regional Library Forecourt

Bookings/Enquiries For enquiries: Steve Warham, City of Newcastle ph. 0419616818

**30 March**

Event Variety Activate Inclusion Sports Program

Description A day of adaptive sports for schools

Time 10.00am - 1:00pm

Location Newcastle Basketball Stadium, Broadmeadow

Bookings/Enquiries Brought to you by Sport NSW. Bookings Essential. Register at: <https://www.sportnsw.com.au/events/88572/>

Vision Assist Workshop - Empowering Newcastle to be inclusive of people with low vision and blindness

Description Upskill your business in effective communication with people who have low vision or are blind

Time 10am – 12pm

Location Digital Library, Newcastle

Bookings/Enquiries For more information contact Katie Butler on 0407 176 801. Booking's email: [kbutler@guidedogs.com.au](mailto:kbutler@guidedogs.com.au)

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Event

