

## The Foreshore

### Liberty Swing

#### **What is a Liberty Swing?**

The Liberty Swing contains an internal fold-down seat for people who are not confined to a wheelchair, but who still need the support of the seatbelt, or perhaps access to the swing by wheelchair; it is possible for some children, after initial help from their carer, to swing themselves, and if they have control of their upper bodies/arms, this provides an excellent form of exercise. See [Liberty Swing](#) for more information.

#### **How do I get a key?**

In New South Wales, Australia, people with a disability access public amenities with an MLA key, that is, a special key, owned by the Master Locksmiths Association (Australia), which can only be made or copied by a Master Locksmith. The Liberty Swing is locked with this same key. This ensures swing security when not in use. The key is used to access the safety belt compartment, the gate (optional) and also to release the ramp on the Liberty Swing.

In the Newcastle area, a key to access the Liberty Swing at Foreshore Park can be obtained from [Frost Security Locksmiths](#) who can be contacted on (02) 4952 2230. You will be asked to provide a copy of your disability parking permit or a letter from your doctor before you are issued with an MLA key.

#### **Where else can I use the key?**

You will be able to access disabled amenities and other liberty swings in the local and larger area with this key.

#### **Can I use the key I already have?**

If you have an MLA key you will be able to use this to access the liberty swing at Foreshore Park.